

Lab Activity

Week 9: Introduction to for Loops

Duration: 50 minutes — Work in pairs!

Name: _____ Partner: _____

Lab Goals

By the end of this lab, you will be able to:

- Write simple for loops using `range()`
- Repeat actions a specific number of times
- Use loop variables in your programs
- Create simple patterns with loops

Getting Started

1. Extract the given [week9_lab.zip](#) file to your desktop. This folder contains all the files you need for this lab.

1 Exercise 1: Your First Loop! (6 minutes)

Let's start by comparing how we used to repeat things vs. using a loop. Type this code exactly as shown and run it.

Exercise 1: From repetition to loops

Open [week9_ex1.py](#) and type the following code:

```
1 for i in range(3):  
2     print(f"Line {i}: Hi!")
```

Run it and see what happens.

Understanding What Just Happened:

When you ran the code, Python did this behind the scenes:

```
for i in range(3): <-- Creates list of numbers [0, 1, 2]  
    First time: i = 0, prints "Line 0: Hi!"  
    Second time: i = 1, prints "Line 1: Hi!"  
    Third time: i = 2, prints "Line 2: Hi!"  
    Fourth time: i would be 3, but 3 is not in [0,1,2], so STOP
```

Answer the following questions:

- **Before running:** If you change `range(3)` to `range(5)`, what will be the first line number printed? _____

What will be the last line number? _____

- Now run it. Were you correct (yes/no)? _____
- Change `range(5)` to `range(0)` - What happens? _____
- Try `range(1)` - How many times does it print? _____
What line number? _____

- **Pattern Discovery:** If you use `range(n)` (where *n* can be any +ve integer), the loop runs _____ times, and `i` goes from _____ to _____
- Change the message to print your name 7 times. What should you put in `range()`? _____
- **Challenge:** Make it print "Line 1:", "Line 2:", "Line 3:" instead of starting at 0. *Hint: You'll need to modify what's inside the print statement*

 **Tip:** The number in `range()` tells Python how many times to repeat!

 **Checkpoint:** Show your teacher the output before moving on!

2 Exercise 2: Understanding range() (7 minutes)

For this exercise you are not allowed to run the code on a computer. First think about it and then fill in the blanks to make these loops work correctly.

Make it count from 0 to 4:

```
1 print("Count to 4:")
2 for number in range(_____):
3     print(number)
4 print()
```

Make it print "Clap!" exactly 7 times

```
1 print("Seven claps:")
2 for _____ in range(_____):
3     print("Clap!")
4 print()
```

Make it show 5 star emojis

```
1 print("Five stars:")
2 for _____ in _____(_____):
3     print("*", end=" ") # end=" " keeps them on same line
4 print()
```

Count down from 10 (tricky!)

```
1 print("\nCountdown:")
2 for i in range(10):
3     print(_____)
4 print("Blast off!")
```

After you've filled your answers above, now you can test your code on a computer.

How many of the above code snippets did you get right? _____

✔ **Checkpoint:** All four loops working correctly? Excellent!

👥 **Pair Programming:** Switch who types every 5 minutes!

3 Exercise 3: Recognize Repetition - When to Use Loops (8 minutes)

Open [week9_ex3.py](#) and Type the following code:

Step 1: Start with this simple pattern:

```
1 for i in range(8):
2     print("#", end=" ")
3 print()
```

Recall: The `end=" "` part keeps the symbols on the same line.

Step 2: Try these pattern experiments (run after each change):

1. Change the `#` symbol to a `*`. How many stars appear?
Result: _____
2. Make it print 12 symbols instead of 8. What did you change?
Changed: _____
3. Can you make it alternate between two symbols?

```
1 for i in range(10):
2     if i % 2 == 0:
3         print("*", end=" ")
4     else:
5         print("o", end=" ")
```

Before running, can you predict the pattern? _____

Replace current code in the file `week9_ex3.py` with the one given above. Now run the code. Was your prediction correct? (yes/no) _____

What does `i % 2` do? _____

Step 3: Create a Staircase Effect

```
1 for i in range(5):
2     spaces = " " * i # Create spacing
3     print(spaces + "#")
```

First predict the output without running the program:

Now run it. Did it match your prediction? (yes/no) _____

4 Exercise 4: Times Tables Helper (10 minutes)

Open [week9_ex4.py](#). It already has a useful program for practicing multiplication:

```

1 # Multiplication table generator
2 print("=== Times Tables Practice ===")
3
4 # Ask which table to practice
5 number = int(input("Which times table? (2-12): "))
6
7 print(f"\n{number} Times Table:")
8 print("-" * 20) # Line of dashes
9
10 # Generate the table
11 for i in range(1, 11): # Why 11?
12     result = number * i
13     print(f"{number} x {i} = {result}")
14
15 # Add a practice question
16 print("\nQuick test:")
17 test_num = 5
18 answer = int(input(f"What is {number} x {test_num}? "))
19
20 if answer == number * test_num:
21     print("Correct!")
22 else:
23     print(f"Not quite. {number} x {test_num} = {number * test_num}")

```

Test your program:

- Run it with number = 7
- Check that it shows 7 x 1 through 7 x 10
- Why there are two numbers in `range(1, 11)` in line 11? _____

Modify the program:

- Make it show up to 12 times instead of 10
- Instead of multiplying the number by 5 (*line 18*), ask the user for a number between 1 and 12
- Add an encouraging message after each correct answer

 **Tip:** `range(1, 11)` starts at 1 and goes up to (but not including) 11!

5 Exercise 7: Debug Using Loop Tracing (5 minutes)

These programs have bugs. Use tracing to find and fix them!

Bug 1: Wrong Output

```

1 # Should print: 5, 4, 3, 2, 1
2 # But it prints: 0, 1, 2, 3, 4
3 for i in range(5):
4     print(i)

```

Trace to find the bug:

i	We want	Formula needed for that
0	5	$5 - 0 = 5$
1	4	$5 - 1 = 4$
2	_____	_____
3	_____	_____
4	_____	_____

Your fix:

```
1 for i in range(5):
2     print(_____) # Use the formula from your trace!
```

Bug 2: Off by One

```
1 # Should show numbers 1 through 10
2 # But stops at 9!
3 for num in range(10):
4     print(num)
```

Fix: Change `range(10)` to `range(_____)`

✔ **Checkpoint:** Both bugs fixed? Excellent debugging! Show it to your teacher!

6 Exercise 5: Mini-Challenge - Digital Clock Display (10 minutes)

Create a simple countdown timer:

1. Ask the user how many seconds to count down
2. Count down from that number to 0
3. Print each number on the screen
4. Make a celebration when it reaches 0!

Example Output:

```
=== Countdown Timer ===
How many seconds? 5

Starting countdown...
5...
4...
3...
2...
1...
TIME'S UP!
```

Starter Help:

Open [week9_ex5.py](#) and start with this code:

```

1 print("=== Countdown Timer ===")
2 seconds = int(input("How many seconds? "))
3
4 print("\nStarting countdown...")
5
6 # Your loop here to count down
7 for i in range(seconds):
8     # Figure out what number to show
9     # Hint: If seconds=5 and i=0, show 5
10    # If seconds=5 and i=1, show 4
11    current = -----
12    print(f"{current}...")
13
14 # Add your celebration here!
```

Bonus challenges:

- Count down only even numbers from any starting point
- Make every 5th second special: “10... 9... 8... 7... 6... [5 - HALFWAY!] 4... 3...”
- Create a “warning zone” - numbers below 4 print differently: “7... 6... 5... 4... WARNING: 3! WARNING: 2! WARNING: 1!”

✔ **Checkpoint:** Timer counting down correctly? Show your teacher!

7 Lab Summary

✔ **Checkpoint:** Final checkpoint - make sure you have:

- Completed all exercises with your partner
- Traced loops using tables in Exercise 2
- Filled in code using range() correctly
- Identified when to use loops in Exercise 4
- Created visual patterns with loops
- Built a times table generator
- Fixed bugs using trace tables
- Shown all checkpoints to your teacher

Reflection (2 minutes)

Rate your understanding of today's concepts:

Concept	☹️ Need Help	😊 Getting It	😄 Got It!
for loops	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tracing loop execution	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When to use loops	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Debugging with traces	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Compare your first loop to your last. What improved?

Which tracing technique helped you most: tables, memory boxes, or step-by-step?

😄 Excellent work with loops!